

# Workshops by Master David Leung

**Saturday, April 25, 2015**

at Moy Martial Arts & Tai Chi Academy

14407-E NE 13<sup>th</sup> Ave., Suite 122, Vancouver WA, 98685 | [MoyMartialArts.com](http://MoyMartialArts.com) | 360-573-2367



Born in Hong Kong, Master David Leung began his studies in the martial arts at the age of 9. He is a second-generation student of Wing Chun Grandmaster Yip Man (under Master Ho Leung), third generation student of renowned Yang style T'ai Chi Ch'uan Master Yang Ch'eng-fu, and a student of Chen Style Tai Chi Grandmaster Chen Zheng Lei.

Master Leung has taught Chinese Martial Arts at his school in Eugene, Oregon for over 30 years. He is a highly sought-after instructor, teaching workshops all over the US, as well as in Europe and Hong Kong.

He is the Co-Director of the United States branch of the World Chinese Internal Martial Arts Association. Presently, he is also the honorary president of the Tsang Cheuk Yi Chen Style Tai Chi Association of Hong Kong.

His understanding and insight of Asian and Western culture, substantial knowledge of Chinese Martial Arts combined with his energetic teaching style and sense of humor make these workshops extremely interesting, entertaining, and informative.

*Master Leung's training instructions are very clear and will produce immediate results.*

*These workshops will benefit long-time practitioners,  
and build a solid foundation for new students.*

**Workshop 1: Wing Chun Kung Fu Limb Trapping and Immobilization 12:00 – 2:00 pm**

Wing Chun is a powerful Martial Art that emphasizes direct, efficient movements, flow, and an acute awareness of positions and energy.

Trapping and Immobilization is one of the "Five Ways of Attack" (a phrase coined by Bruce Lee).

Master Leung will teach two-person drills that trains this specialty of Wing Chun.

**Workshop 2: Wing Chun 6 ½ point Long Pole (Luk Dim Boon Kwun) 2:15 – 4:15 pm**

Master Leung will teach the 6 ½ point Long Pole, a traditional Wing Chun weapons form. The form may be practiced with a short staff (i.e. 5 – 6 foot closet dowel). Please bring your own practice staff.

Students that attended the previous workshop will learn the second section.

**Workshop 3: Essential Tai Chi Principles 4:30 – 6:30 pm**

Master Leung continues his series on Essential Tai Chi Principles and Body Skills.

**Chinese Buffet Dinner 7:00 pm**

All are invited to join us for a Chinese Buffet Dinner at Canton Buffet (1118 NE 78th St.).

**If registered and paid before April 25\*:**

Workshop 1 – Wing Chun \$40  
Workshop 2 – Wing Chun Long Pole \$40  
Workshop 3 – Tai Chi \$40

*All three workshops for \$115 with pre-registration.*

**\* Students of Master Leung or Sifu Moy pay \$35 per workshop.**

- Participants: Additional \$10 per workshop if registering at the door.
- Spectator Fee is \$15 per workshop. Spectators may register at door.
- Sorry, but there is limited space available – early registration suggested!

**Workshop location:**

Moy Academy of Martial Arts & Tai-Chi  
14407-E NE 13<sup>th</sup> Ave., Suite 122, Vancouver, WA 98685  
From I5, head west on 134<sup>th</sup> St.  
Turn right (north) onto 10<sup>th</sup> Ave.  
Turn right (east) onto 144<sup>th</sup> St. Head east for one block.



**For more information contact:**

Sifu Mark Moy  
360-573-2367 [info@MoyMartialArts.com](mailto:info@MoyMartialArts.com)

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

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- I will attend \_\_\_\_\_ Workshop 1 – Wing Chun \$40  
\_\_\_\_\_ Workshop 2 – Wing Chun Long Pole \$40  
\_\_\_\_\_ Workshop 3 – Tai Chi \$40

*All three workshops for \$115 with pre-registration.*

**\*Amount enclosed \$ \_\_\_\_\_**

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Make checks or money orders payable to Leung Martial Arts.

- Send registration form and fees to...  
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Vancouver, WA 98685