

World Tai Chi & Qigong Day at Clark College, Van. WA

Saturday, April 28, 2018

10:00 – 11:00 am

You are invited to join us for this Worldwide Event!

What:

- On Saturday, April 29th, at 10 am, tens of thousands of people in hundreds of cities, in over 70 nations will come together to celebrate World Tai Chi & Qigong Day 2016. This event was co-founded by Angela Wong-Douglas & Bill Douglas in 1998.

Where:

- Clark College in Vancouver, WA (1933 Fort Vancouver Way)
 - Event held at Anderson Plaza Fountain (Parking lot Red 3)
 - In case of rain location: Gaiser Concourse/Hallway

Who:

- Open to the public.
- All ages may participate – from 8 to 88.
- No experience necessary.

How:

- This event will begin with a guided Qigong warm-up. Then practice individually or with your own group*.
- If you are new to these arts you may join-in with a group for beginners.

Cost:

- If you'd like to help with the facility use fee for this event, a \$1 per person donation is suggested.

For more information contact:

Sifu Mark Moy at 360-573-2367, info@MoyMartialArts.com

or go to www.WorldTaiChiDay.org

**Please – as a courtesy to all participants,
no music will be played during this event.*