

Workshops by Master David Leung

Saturday, November 10, 2018

at Moy Martial Arts & Tai Chi Academy

14407-E NE 13th Ave., Suite 122, Vancouver WA, 98685 | MoyMartialArts.com | 360-573-2367

Workshop 1: *Wing Chun method of Power Generation* 12:00 – 2:00 pm

Wing Chun is well known for its ability to deliver powerful strikes from close range. Master Leung will teach how to increase the speed and power of your strikes.

This workshop is part of a continuing series of the Science and Art of Wing Chun. With over 40 years of experience teaching Wing Chun, Master Leung has streamlined this process of development, and will show how these stages are cultivated and applied.

Workshop 2: *Yang Tai Chi Broadsword (saber)* 2:15 – 4:15 pm

Master Leung will teach the Yang Tai Chi Broadsword form. New participants will be taught sections #1 and 2. Continuing students will learn section #3.

Participants are asked to bring their own practice sword.

Workshop 3: *Restorative Chi Gung* 4:30 – 6:30 pm

The Restorative Chi Gung Set is designed to realign your structure, open up your joints and nourish your organs. This ten-part set will help to physically and energetically Restore Your Vitality, and harmonize your mind and body.

This is an excellent Chi Gung set for martial and non-martial students.

Chinese Buffet Dinner 7:00 pm

All are invited to join us for a Chinese Buffet Dinner at Canton Buffet (1118 NE 78th St.).

The concepts and training drills taught by Master Leung will be beneficial to all Martial Artists regardless of their style. These workshops will build a solid foundation for new students, and will help long-time practitioners refine their art.



Master David Leung has taught Chinese Martial Arts at his school in Eugene, Oregon for over 40 years. He is a highly sought-after instructor, teaching workshops all over the US, as well as in Europe and Hong Kong.

He is the Co-Director of the United States branch of the World Chinese Internal Martial Arts Association. Presently, he is also the honorary president of the Tsang Cheuk Yi Chen Style Tai Chi Association of Hong Kong.

His understanding and insight of Asian and Western culture, substantial knowledge of Chinese Martial Arts combined with his energetic teaching style, and decades as a Professor of Psychology make these workshops extremely interesting, entertaining, and informative.

If registered and paid before November 10*:

Workshop 1 – Science and Art of Wing Chun	\$40
Workshop 2 – Yang Tai Chi Broadsword (saber)	\$40
Workshop 3 – Restorative Chi Gung	\$40

All three workshops for \$115 with pre-registration.

*** Students of Master Leung or Sifu Moy pay \$35 per workshop.**

- Participants: Additional \$10 per workshop if registering at the door.
- Spectator Fee is \$15 per workshop. Spectators may register at door.
- Sorry, but there is limited space available – early registration suggested!

Workshop location:

Moy Martial Arts & Tai Chi Academy
14407-E NE 13th Ave., Suite 122, Vancouver, WA 98685
From I5, head west on 134th St.
Turn right (north) onto 10th Ave.
Turn right (east) onto 144th St. Head east for one block.



For more information contact:

Sifu Mark Moy
360-573-2367 info@MoyMartialArts.com

Name _____ Phone _____

Address _____

City _____ State _____ Zip _____

Email _____

Are you on Facebook? (circle one) Yes / No Check here If under 18

- I will attend _____ Workshop 1 – Science and Art of Wing Chun \$40
 _____ Workshop 2 – Broadsword \$40
 _____ Workshop 3 – Restorative Chi Gung \$40

All three workshops for \$115 with pre-registration.

***Amount enclosed \$ _____**

- * **Students of Master Leung or Sifu Moy, \$35 fee per workshop.**
- Participants: Additional \$10 per workshop if registering at the door.
- Spectator Fee is \$15 per workshop. Spectators may register at door.

Make checks or money orders payable to **Leung Martial Arts**.

Send registration form and fees to...
Moy Martial Arts & Tai Chi Academy
14407-E NE 13th Ave., Suite 122
Vancouver, WA 98685