# **Workshops by Master David Leung**

## Saturday, May 20, 2023

at Moy Martial Arts & Tai Chi Academy 14407-E NE 13th Ave., Suite 122, Vancouver WA, 98685 | MoyMartialArts.com | 360-573-2367

#### Workshop 1: Wing Chun: 2-Person Training Drills

11:00 – 1:00 pm

Wing Chun is a close-quarter martial art well known for its ability to sense the vectors of movement of the attacker, which allows you yield, neutralize, and interrupt their attack.

This workshop is part of a continuing series of the Science and Art of Wing Chun. With over 40 years of experience teaching Wing Chun, Master Leung has streamlined this process of skill development.

#### Workshop 2: "Mindful Placement within Space" Chi Gung Set 1:15 – 3:15 pm

Master Leung has compiled a Chi Gung set that will explore "Mindful Placement within Space" based on his own expression of various training sets including principles from Grandmaster Wang Hao Da's Chi Gung method.

This training method is applicable to all styles of Tai Chi and will also help Martial Artists move in a more coordinated and powerful manner.

### Workshop 3: Tai Chi Classics Essay as attributed to Chang San Feng 3:30 - 5:30 pm

Master Leung will translate the essay from the original language (Chinese), clarify the key principles hidden in this classic text regarding the practice of Tai Chi, and teach drills on how to practice these core concepts. Legend has it that Chang San Feng is the creator of Tai Chi Chuan.

#### **Chinese Buffet Dinner**

6:00 pm

All are invited to join us for a Chinese Buffet Dinner at Canton Buffet (1118 NE 78th St.).

The concepts and training drills taught by Master Leung will be beneficial to all Martial Artists regardless of their style. These workshops will build a solid foundation for new students. and will help long-time practitioners refine their art.



Master David Leung has taught Chinese Martial Arts at his school in Eugene, Oregon for over 40 years. He is a highly sought-after instructor, teaching workshops all over the US, as well as in Europe and Hong Kong.

He is the Co-Director of the United States branch of the World Chinese Internal Martial Arts Association. Presently, he is also the honorary president of the Tsang Cheuk Yi Chen Style Tai Chi Association of Hong Kong.

His understanding and insight of Asian and Western culture, substantial knowledge of Chinese Martial Arts combined with his energetic teaching style, and decades as a Professor of Psychology make these workshops extremely interesting, entertaining, and informative.

### If registered and paid before May 20\*:

Workshop 1 – Wing Chun	\$50
Workshop 2 – Chi Gung	\$50
Workshop 3 – Tai Chi Classics	\$50

All three workshops for \$140 with pre-registration.

- \* Students of Master Leung or Sifu Moy pay \$45 per workshop.
- Participants: Additional \$10 per workshop if registering at the door.
- Spectator Fee is \$20 per workshop. Spectators may register at door.
- Sorry, but there is limited space available early registration suggested!

### **Workshop location:**

Moy Martial Arts & Tai Chi Academy 14407-E NE 13th Ave., Suite 122, Vancouver, WA 98685 From I5. head west on 134th St. Turn right (north) onto 10<sup>th</sup> Ave. Turn right (east) onto 144th St. Head east for one block.



#### For more information contact:

Sifu Mark Moy

360-573-2367 info@MoyMartialArts.com

Name	Phone	
Address		
City	State Z	Zip
Email		
Check here If under 18	☐ (If under 18, parent must sign Participatio	on Waiver.)
I will attend	Workshop 1 – Wing Chun	\$50
	Workshop 2 – Chi Gung	\$50
	Workshop 3 – Tai Chi Classics	\$50
	All three workshops for \$140 with pre-regis	stration.
	*Amount enclosed \$	
* Students of	Master Leung or Sifu Moy, \$45 fee per wo	rkshop.

- - Participants: Additional \$10 per workshop if registering at the door.
  - Spectator Fee is \$20 per workshop. Spectators may register at door.
- Make checks or money orders payable to Leung Martial Arts.
- Send registration form and fees to...

Moy Martial Arts & Tai Chi Academy 14407 NE 13<sup>th</sup> Ave., Building E, Suite 122 Vancouver, WA 98685